## WHAT IS CLAIMED IS:

- 1. An extract of a plant *Dendrobii Caulis*, obtained by an extraction of said plant or parts thereof with a water miscible organic solvent or a mixture thereof with water.
- 2. The extract as claimed in claim 1, wherein said organic solvent is one selected from a group consisting of an alcohol having 1 to 8 carbon atoms, an alkane, and an ester.
- 3. The extract as claimed in claim 2, wherein said alcohol is one of methanol and ethanol.
- 4. A physiological active composition comprising a physiologically acceptable carrier for carrying therewith, and one of an extract according to claim 1 and an isomer of said extract.
- 5. The composition as claimed in claim 4, wherein said physiological active composition is a pharmaceutical composition.
- 6. The composition as claimed in claim 4, wherein said physiologically acceptable carrier is a pharmaceutical carrier.
- 7. A process for preparing an extract from a plant *Dendrobii Caulis*, comprising plural steps of extracting said plant or parts thereof with a water, a water miscible organic solvent or a mixture thereof.
- 8. The process as claimed in claim 7, wherein said organic solvent is one selected from a group consisting of an alcohol having 1 to 8 carbon atoms, an alkane, and an ester.
- 9. The process as claimed in claim 8, wherein said alcohol is one of methanol and ethanol.
  - 10. A process for preparing an extract from a plant, comprising steps of:
  - a) obtaining a first alcohol extract from said plant;

- b) extracting said first alcohol extract by a water and an alkane simultaneously for obtaining a first water layer and an alkane extract;
- c) extracting said first water layer by an ester for obtaining an ester extract and a second water layer; and
- d) extracting said second water layer by a second alcohol for obtaining a second alcohol extract and a third water layer.
- 11. The process as claimed in claim 10, wherein said plant belongs to Genus *Dendrobium*.
- 12. The process as claimed in claim 10, wherein said step a) further comprises steps of:
  - al) providing a dry material of said plant;
  - a2) grinding said dry material by a pulverizer; and
- a3) extracting said ground dry material by said first alcohol for obtaining said first alcohol extract.
- 13. The process as claimed in claim 10, wherein said first alcohol is an alcohol having 1 to 8 carbon atoms.
- 14. The process as claimed in claim 13, wherein said first alcohol is one of methanol and ethanol.
- 15. The process as claimed in claim 10, wherein said second alcohol is an alcohol having 1 to 8 carbon atoms.
- 16. The process as claimed in claim 15, wherein said second alcohol is one of butanol and n-butanol.
- 17. The process as claimed in claim 10, wherein said step b) further comprises a step of:
- b1) drying said first alcohol extract through steps of decompressing, condensing, and exhausting.

- 18. The process as claimed in claim 10, wherein said alkane extract is an n-hexane extract.
- 19. The process as claimed in claim 10, wherein said step c) further comprises steps of:
  - c1) drying said ester extract; and
- c2) extracting said dried ester extract with a hexane and a methanol for obtaining a hexane extract and a methanol extract.
- 20. The process as claimed in claim 19, wherein said hexane extract is dried by steps of decompressing, condensing, and exhausting.
- 21. The process as claimed in claim 10, wherein said ester is an ethyl-acetate.
  - 22. The process as claimed in claim 10 further comprising steps of:
- e) chromatographing said second alcohol extract for obtaining a first eluate named as DCMPbL6,7; and
- f) chromatographing said DCMPbL6,7 by a mobile phase for obtaining a second eluate.
- 23. The process as claimed in claim 22, wherein said step e) is performed by an eluent of a methanol/water mixture in a 50:50 volume ratio.
- 24. The process as claimed in claim 22, wherein said mobile phase is an isopropanol/water mixture in a 20:80 volume ratio, and said second eluate is named as DCMPbL6,7D2.
- 25. The process as claimed in claim 24, wherein said DCMPbL6,7D2 is further chromatographed with a methanol/water/acetic acid mixture in a 35:65:1 volume ratio for obtaining a third eluate named as DCMPbL6,7D2H2.
- 26. The process as claimed in claim 22, wherein said mobile phase is an isopropanol/water mixture in a 30:70 volume ratio, and said second eluate is

named as DCMPbL6,7D3.

- 27. The process as claimed in claim 26, wherein said DCMPbL6,7D3 is further chromatographed with a methanol/water/acetic acid mixture in a 40:60:1 volume ratio for obtaining a fourth eluate named as DCMPbL6,7D3H3.
- 28. The process as claimed in claim 22, wherein said mobile phase is an isopropanol/water mixture in a 40:60 volume ratio, and said second eluate is named as DCMPbL6,7D4.
- 29. The process as claimed in claim 28, wherein said DCMPbL6,7D4 is chromatographed with a methanol/water/acetic acid mixture in a 45:55:1 volume ratio for obtaining a fifth eluate named as DCMPbL6,7D4H3.
  - 30. An extract obtained according to the process of claim 10.
- 31. A physiological active composition comprising a physiologically acceptable carrier for carrying therewith, and one of an extract according to claim 30 and an isomer of said extract.
- 32. The composition as claimed in claim 31, wherein said physiological active composition is a pharmaceutical composition.
- 33. The composition as claimed in claim 31, wherein said physiologically acceptable carrier is a pharmaceutical carrier.
- 34. An eluate being said second eluate obtained according to the process of claim 22.
- 35. A physiological active composition comprising a physiologically acceptable carrier for carrying therewith, and one of an eluate according to claim 34 and an isomer of said eluate.
- 36. The composition as claimed in claim 35, wherein said physiological active composition is a pharmaceutical composition.

- 37. The composition as claimed in claim 35, wherein said physiologically acceptable carrier is a pharmaceutical carrier.
  - 38. An eluate being said third eluate according to the process of claim 25.
- 39. A physiological active composition comprising a physiologically acceptable carrier for carrying therewith, and one of an eluate according to claim 38 and an isomer of said eluate.
- 40. The composition as claimed in claim 39, wherein said physiological active composition is a pharmaceutical composition.
- 41. The composition as claimed in claim 39, wherein said physiologically acceptable carrier is a pharmaceutical carrier.
  - 42. An eluate being said fourth eluate according to the process of claim 27.
- 43. A physiological active composition comprising a physiologically acceptable carrier for carrying therewith, and one of an eluate according to claim 42 and an isomer of said eluate.
- 44. The composition as claimed in claim 43, wherein said physiological active composition is a pharmaceutical composition.
- 45. The composition as claimed in claim 43, wherein said physiologically acceptable carrier is a pharmaceutical carrier.
  - 46. An eluate being said fifth eluate according to the process of claim 29.
- 47. A physiological active composition comprising a physiologically acceptable carrier for carrying therewith, and one of an eluate according to claim 46 and an isomer of said eluate.
- 48. The composition as claimed in claim 47, wherein said physiological active composition is a pharmaceutical composition.
- 49. The composition as claimed in claim 47, wherein said physiologically acceptable carrier is a pharmaceutical carrier.

- 50. A process for preparing an extract from a plant, comprising steps of:
- a) obtaining a first organic extract from said plant;
- b) extracting said first organic extract by a water and a second organic solvent simultaneously for obtaining a first water layer and a second organic extract;
- c) extracting said first water layer by a third organic solvent for obtaining a third organic extract and a second water layer; and
- d) extracting said second water layer by a four organic solvent for obtaining a fourth organic extract and a third water layer.
  - 51. The process as claimed in claim 50, wherein said plant is an orchid.
- 52. The process as claimed in claim 50, wherein said step a) further comprises steps of:
  - al) providing a dry material of said plant;
  - a2) grinding said dry material by a pulverizer; and
- a3) extracting said ground dry material by said first organic solvent for obtaining said first alcohol extract.
- 53. The process as claimed in claim 50, wherein said first organic solvent is an alcohol having 1 to 8 carbon atoms.
- 54. The process as claimed in claim 50, wherein said second organic solvent is an alkane having 1 to 8 carbons.
- 55. The process as claimed in claim 50, wherein said third organic solvent is an ester.
- 56. The process as claimed in claim 50, wherein said fourth organic solvent is an alcohol having 1 to 8 carbon atoms.
- 57. The process as claimed in claim 56, wherein said alcohol is one of butanol and n-butanol.

- 58. A substance defined by Figs. 5 to 11.
- 59. A physiological active composition comprising a physiologically acceptable carrier for carrying therewith, and one of a substance according to claim 58 and an isomer of said substance.
- 60. The composition as claimed in claim 59, wherein said physiological active composition is a pharmaceutical composition.
- 61. The composition as claimed in claim 59, wherein said physiologically acceptable carrier is a pharmaceutical carrier.
  - 62. A substance defined by Figs. 13 to 17.
- 63. A physiological active composition comprising a physiologically acceptable carrier for carrying therewith, and one of a substance according to claim 62 and an isomer of said substance.
- 64. The composition as claimed in claim 63, wherein said physiological active composition is a pharmaceutical composition.
- 65. The composition as claimed in claim 63, wherein said physiologically acceptable carrier is a pharmaceutical carrier.
  - 66. A substance defined by Figs. 19 to 24.
- 67. A physiological active composition comprising a physiologically acceptable carrier for carrying therewith, and one of a substance according to claim 66 and an isomer of said substance.
- 68. The composition as claimed in claim 67, wherein said physiological active composition is a pharmaceutical composition.
- 69. The composition as claimed in claim 67, wherein said physiologically acceptable carrier is a pharmaceutical carrier.